

e-lesson

Week starting: 27th March 2006

1. Phobias

Many people suffer from an extreme fear of a particular thing or situation, often without any apparent rational explanation. We call these fears phobias, and there are literally hundreds of different kinds. As we see in this worksheet, they range from the well-known – like the fear of heights, or of spiders – to the very unusual...

Level

Intermediate and above

How to use the lesson

1. Brainstorm what your students know about phobias, and compile a list of the different kinds of phobia they have heard of.
2. Give each student in the class a copy of Worksheet A and ask them to choose an answer from the three possibilities for each question. In at least a couple of cases the students will have to take a guess.
3. Check the answers in open class, but don't give any answers at this stage.
4. Give each student in the class a copy of Worksheet B and ask students to read the text and check the answers to the questions on Worksheet A.

Answers

1. b 2. b 3. c 4. a 5. b 6. c 7. a 8. b

2. Related Websites

Send your students to these websites, or just take a look yourself.

http://www.ananova.com/news/story/sm_1772402.html?menu

Short text about the British woman Louise Allen and her fear of peas.

http://www.bbc.co.uk/radio1/onelife/health/healthy_mind/phobia1.shtml

From the Health section of the BBC website. Lots of interesting, easy-to-read information, plus an A-Z on phobias.