

Food challenge!

Exercise 1

Which do you think is the odd one out in the following sets of four words?

Example: Apple / orange / cabbage / banana

Cabbage is the odd one out because it is a vegetable; the others are types of fruit.

- | | |
|---------------------------------------|--|
| 1. beef / lamb / pork / tuna | 4. mustard / soy sauce / salt / pizza |
| 2. tuna / salmon / sausage / cod | 5. lime / orange / lemon / strawberry |
| 3. chocolate / orange / mango / onion | 6. beetroot / tomato / broccoli / strawberry |

In each case below, what word can be placed before each of the other words?

Example: _ _ e e _ salad / beans

The word is green.

7. b _ _ c _ beans / coffee
8. _ _ d wine / meat
9. _ _ w meat / fish / vegetables
10. t _ i _ k sauce / stew / soup

Now, what word can be placed after each of the other words?

11. brown / white s _ _ a _
12. red / green / yellow / chilli _ _ p _ e _
13. orange / pineapple / lime _ u _ c _
14. milk / dark _ _ o _ _ la _ e

Exercise 2

Now have a look at these sentences about preparing food. Can you complete them by using the words in the box?

'Put the eggs and the milk in the (1) _____, then (2) _____ them together, please.'

'(3) _____ the potatoes in water for about fifteen minutes until they start to go soft, then take them (4) _____.'

'(5) _____ the milk out of the fridge and (6) _____ about half of it into this pan, then take that knife and (7) _____ those onions into very small pieces.'

'There isn't enough milk. Can you (8) _____ a little more, please?'

take	pour
out	boil
mix	cut
add	bowl

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WORKSHEET B

Exercise 3

Can you match the types of food to the countries or regions they are most closely associated with?

1	A vegetable soup that might also contain pieces of sausage. The vegetables include onion, cabbage and also beetroot, which gives the soup a red colour.	EAST AFRICA (e.g. Ethiopia)
2	Pasta, pizza and ice cream.	ARGENTINA
3	Spicy dishes (of meat, fish or vegetables) that are eaten with rice. The strong flavours come from ingredients like chilli peppers, lemon grass, 'fish sauce' and lime juice.	THE UNITED STATES
4	Flat bread, which usually has a circular shape and an unusual texture a bit like a sponge. You could put meat (such as lamb) or vegetables on top of the bread.	EASTERN EUROPE (e.g. Poland)
5	Big pieces of beef that you cook on a grill or open fire. Many people say the beef here is the best in the world.	SPAIN
6	A thick stew of black beans containing pieces of meat (mostly pork). It is eaten with rice, and the accompaniments include pieces of orange.	JAPAN
7	Raw fish, such as tuna or salmon, perhaps with rice, soy sauce, and a very strong, green mustard.	BRITAIN
8	Cheeseburger, fries and Coca-cola.	BRAZIL
9	A large dish of yellow rice (the colour usually comes from the use of a herb called saffron) with different types of seafood, or maybe pieces of meat.	THAILAND
10	Fish and chips (people say 'chips' instead of 'fries' in this country). The fish might be cod or haddock.	ITALY

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WORKSHEET C

Exercise 4

Below are some instructions for making a very simple meal, scrambled eggs on toast, which have been put in the wrong order. Can you put them back in the right order?

A	Put the mixture in a pan.
B	When the toast is ready, put it on a plate.
C	Keep watching the mixture and the toast – you don't want them to burn!
D	Turn on your cooker and heat the mixture gently, stirring most of the time.
E	Mix the eggs and milk together.
F	Crack two or three of the eggs into a bowl, and add a little milk.
G	The last step is just to add salt and pepper, if you want.
H	Take your eggs and milk out of the fridge.
I	When the toast is on the plate, take the scrambled eggs and put them on top.
J	As it gets hotter you'll see the mixture start to get thicker – that's when you should start toasting your bread.

Exercise 5

Decide if the following statements are true (T) or false (F), then bet a minimum of 10 points up to a maximum of 50 on your choice.

		T/F	Points bet	Points lost	Points won
1	Britain does not produce any apples.				
2	The word 'hot' can refer either to the temperature of food or the fact that it is spicy.				
3	Brazil produces more coffee than any other country.				
4	India produces more bananas than any other country.				
5	The United States produces more milk (from cows) than any other country.				
6	The word 'vegetarian' usually refers to someone who doesn't eat red meat like beef or lamb, but eats white meat like chicken.				
7	In Britain it is illegal to serve raw fish in a restaurant.				
8	China produces more rice than the United States.				
	Total points lost and won				
	Final total (subtract total points lost from total points won)				