



5 Study Habits

1 Synopsis

This video shows three ways to help students improve their study habits. First, there is the use of interactive technology and computers. We see how the Internet can be used as a research tool, and how computers can help you write better assignments, with graphs and pictures. Technology is also useful for learning English, since it enables you to listen to how English is spoken in different countries. The second idea is studying with others in a small group. The third idea is working with a tutor or mentor.

Length of video: 3:47min

2 Target Language

Grammar: causatives; infinitives of purpose

Vocabulary: collocations: study techniques

Language points: idiomatic phrases: *pay the price, have a hard time, get through it, ask around*

3 Procedural Notes

A Before you watch

As a class. Check that students understand the headings. Brainstorm more ideas for "things that help you study" (music, drawing spider diagrams, graphs or pictures, mnemonics, etc.).

Individuals. Have students complete the charts individually. Circulate while they are working to help with vocabulary.

In groups. Have students share their charts with their group and encourage them to add any other useful ideas to their initial answers. Have groups report back to the class on common, unusual, or interesting study habits.

B While you watch

1 As a class. Tell students they are going to watch a video about three types of study techniques. Play the whole video through once, while students just watch. Then, read aloud the three study techniques and the collocations, making sure students understand them. If necessary, explain that "tutor" is another word for teacher in a college/university and "mentor" is an experienced person who helps someone with less experience.

Individuals. Play the video again, pausing after each section if necessary, while students check the collocations that they heard in each section. Emphasize that for each section, students should check two collocations. Check answers. If necessary, discuss the meaning of the phrases.

Answer key:

- 1 computer programs, research tool
- 2 group members, success rate
- 3 tutoring services, student center

2 Individuals. Have students read the statements and check comprehension. Play the video again while students complete the exercise. Check answers.

Answer key:

- 1 False
- 2 True
- 3 False
- 4 True
- 5 False
- 6 True

C After you watch

As a class. Write the three study techniques from the video on the board. Have students form groups of three and tell each group member to choose one of the study techniques. Explain that they are each going to write notes about their chosen study technique - about how the technique works and why they think it is useful / not so useful, as well as their own opinions and ideas. If necessary, write on the board key phrases related to each of the techniques as mentioned in the video. To help students produce their talks, you can write and explain the following structures on the board:

Structure	Example
verb + <i>by</i> + gerund	<i>We can study by using ...</i>
<i>... have trouble/difficulty/a hard time + gerund</i>	<i>We sometimes have trouble understanding ...</i>
<i>enable/require/allow + object + to + infinitive</i>	<i>The Internet enables us to find out ...</i>
<i>let/make + object + infinitive without to</i>	<i>Study groups make us prepare assignments earlier ...</i>

In groups. Have students write their notes. Remind them to express their own opinions and ideas, not



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just what they heard in the video. Encourage them to draw on their own experience as learners of English. Circulate while they are working to help with grammar and vocabulary. Then, have students take turns telling the rest of their group about their study techniques. Circulate while they are talking and note down any common errors with causatives or infinitive of purpose. Call on some groups to report back to the class. Finally, go over any errors you noted down.

Answer key:

- 1 paid the price 2 having a hard time
3 get through it 4 ask around

D Language points

Individuals. Read aloud the expressions in the box. Emphasize that students need to choose not only the correct one, but also the correct verb tense in order to complete the sentences. Have some students read aloud the completed sentences to check answers as a class.

4 Video Script

Presenter: In the past, we used to study by sitting at our desks, memorizing facts, and lists, and words. It was tedious, it was boring, it was awful. We used to do anything to avoid studying. But, of course, in the end we paid the price. There are many great ways to study. Today, we're going to count down three great ways to study, because if you study, you'll probably succeed. Imagine a world where you used typewriters to write papers, and the Internet didn't exist. Great way to study number one – interactive technology and computers. Now all kinds of computer programs are available to help you do work and study. And, of course, the Internet can be a great research tool. Technology gives us more flexibility in how we do research and when we study.

Man 1: My computer is actually like having a library in my own room.

Presenter: Aids such as computers help us produce higher quality assignments.

Woman 1: I could use my computer to do research, and also I can put graphs and pictures onto my assignments. I can do spelling error check.

Presenter: In learning English, technology can help us gain exposure to the language, regardless of our geographic location.

Computer

program: Whale.

Woman 2: Now that we have computers, the students are able to access a variety of information from the web. They are able to access different samples of audio, from different parts of the world, in English. You have British English, Australian English, American English. And I think it's expanded the students' base for learning English.

Presenter: Do you think you have to be alone to study? Think again. Research shows that when students work together in small groups, they are more likely to learn more, and remember information for longer periods of time. Great way to study number two – study groups.

Woman 3: If you study in a group, your group members are gonna require you to read the material ahead of time, so you're going to be more prepared for the exam, and you will have a higher success rate in the classroom.

Woman 4: You can compare notes with your peers and learn material a lot easier.

Presenter: If you're having a hard time understanding some difficult material, you'll probably benefit from great way to study number three – working with a tutor or mentor.

E Your viewpoint

In pairs. Have students work with a partner and choose three or more areas from the list. Have them write down study tips for each area. Remind them to use the causative and infinitive of purpose structures that you explained in *After you watch*. Then, have pairs present their ideas to the whole class. If you like, have pairs make a poster of their ideas to show during their presentation, or have them put together a computer presentation as homework. Put some interesting ideas on the board and encourage the class to try them out.



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Man 2: For example, you wouldn't write square root of four, you'd write two.

Presenter: Most colleges and universities offer tutors and mentors to help students when they are struggling, and you may only need a tutor to help you understand a particularly difficult concept. Once you get through it, you'll be able to continue successfully in a class.

Woman 5: If a student feels that he needs help, he could go to the university's student center and ask about tutoring services on campus.

Man 2: If you feel like you're having too many problems, of course, going to the teacher is good, but you don't wanna go every

second either. A tutor's the best way because tutors are students as well, so they've been through the same experience and they can certainly guide you by letting you understand the material in a different way.

Woman 5: And something else the student could do is ask around, talk to other people, talk to other students, maybe they have some recommendations and some experiences about tutoring in general.

Presenter: So, that's three great ways to improve your study habits. Let's count them down again. Interactive technology and computers, study groups, and tutors and mentors.