

## 2 Changing Lifestyles

### A Before you watch

Read the statements in the chart.

Then, complete the chart about your childhood by checking (✓) the appropriate columns or entering a name in the last column.

When I was little ...	Mother	Father	Other (who?)
1 Pursued a career			
2 Took care of the children			
3 Helped you with your homework			
4 Cooked meals			
5 Did household chores			
6 Bought groceries			
7 Planned vacations			
8 Made major purchases (home, car, etc.)			

### B While you watch

#### 1 Complete the statements with David, Bob, Diane, or Shirley.

- \_\_\_\_\_ worked for 38 years as an electrical engineer.
- \_\_\_\_\_ decided to go back to work in 1970.
- \_\_\_\_\_ and \_\_\_\_\_ had a son named David.
- \_\_\_\_\_ pursued a career as a biochemist.
- \_\_\_\_\_ spent 40 hours a week working as a lawyer.
- \_\_\_\_\_ and \_\_\_\_\_ cut back on their work to take care of their daughters.
- \_\_\_\_\_’s schedule was more flexible than his wife’s.
- \_\_\_\_\_ has been traveling with her husband.



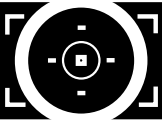
David and Diane



Bob and Shirley

#### 2 Answer the questions about the people in the video.

- What was Bob’s lifestyle like before his wife returned to work?  
\_\_\_\_\_
- How did Bob’s lifestyle change after his wife returned to work?  
\_\_\_\_\_
- What is David’s lifestyle like now that he has children?  
\_\_\_\_\_
- Why does David have more responsibility for his children’s day-to-day care than his wife?  
\_\_\_\_\_



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### C After you watch

- 1 Work in pairs. Complete the sentences with the verbs in the box. Write the verbs in the present perfect progressive.**

travel enjoy decide devote pursue

- 1 Many couples \_\_\_\_\_ to change their work-life balance.
- 2 More mothers \_\_\_\_\_ careers.
- 3 Fathers \_\_\_\_\_ more time to caring for children and doing household chores.
- 4 Since Bob retired, he \_\_\_\_\_ his role as a grandfather.
- 5 He \_\_\_\_\_ with his wife Shirley.

- 2 How has family life changed in your country in recent years? Write three sentences.**

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### D Language points

- Complete the sentences with the correct contrast word in the box.**

but instead however while

- 1 \_\_\_\_\_, since the late 60s and the early 70s, family life has been changing dramatically.
- 2 \_\_\_\_\_ of accepting the rigid roles imposed by society, many couples have been deciding to change their work-life balance.
- 3 As a young man, David loved magic, \_\_\_\_\_ he pursued a career as a biochemist.
- 4 \_\_\_\_\_ there are many differences in how David and Bob have raised their children, there are many important similarities.

### E Your viewpoint

- Work in groups and discuss these questions.**

- 1 In your country, who usually raises children? (Mothers, fathers, grandparents, babysitters, etc.) Can you think of any exceptions?
- 2 Think of different mothers and fathers that you know. How are their parenting roles and responsibilities different? Why do you think this is?
- 3 How have the roles of mothers and fathers changed in your country in recent years? Why do you think this is?

*In my country, mothers usually have responsibility for the day-to-day care of children, but I think this has been changing in recent years.*

*Fathers, grandmothers, and aunts often help raise children, and increasingly parents hire babysitters so that mothers can pursue careers ...*