



# 9 Super Smoothie

1 of 2

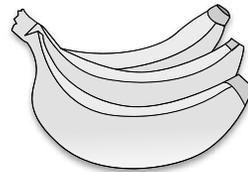
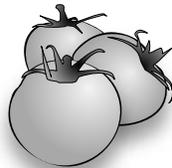
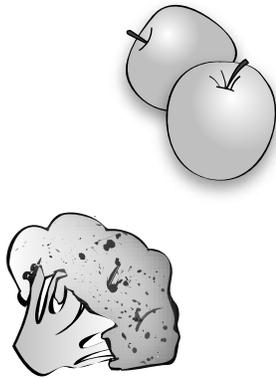
## A Before you watch

Work in groups. Discuss the keys to a healthy lifestyle and what you do to stay in shape.

### Taking exercise

### Relaxing

### Eating healthily



## B While you watch

### 1 There is one mistake in each of the sentences. Find it and correct it.

- 1 Robert Green was trained as an actor.

---

- 2 "The Body Factory" sells only one kind of smoothie.

---

- 3 Robert developed the "Hulk" smoothie about 20 years ago.

---

- 4 Robert says the "Hulk" is good for people who have never worked in their life.

---

- 5 Robert thinks that the radio is very important for advertising his business.

---

- 6 Robert is expanding his business by opening stores in Los Angeles and New York.

---



### 2 Circle the ingredients of the "Hulk."

- |             |               |                |             |          |          |
|-------------|---------------|----------------|-------------|----------|----------|
| apples      | broccoli      | carrots        | green beans | sage     | spinach  |
| bananas     | brown rice    | cayenne pepper | onions      | sea salt | thyme    |
| blueberries | cactus leaves | celery         | potatoes    | seaweed  | tomatoes |



# 9 Super Smoothie

2 of 2

3 Number Robert's keys to a successful business in the order that they are mentioned.



- hiring a wonderful staff
- good marketing
- selling great products
- creating a fun atmosphere
- making customers feel important

## C After you watch

Work in pairs. Invent a health product, or a health food product. Give it a name and write a product description. Write your keys to marketing and to selling the product successfully.

---



---



---



---



---

## D Language points

Complete each sentence with the correct expression in the box.

hottest spots   get the word out   super-knowledgeable   the service is great

- 1 I want to make my new vegetarian café one of the \_\_\_\_\_ in town!
- 2 I love this health food store. You never have to wait in line, \_\_\_\_\_.
- 3 If you want to lose weight, you should talk to my fitness trainer, Dan.  
He's \_\_\_\_\_ about healthy eating and exercise.
- 4 If you want your business to succeed, you have to use advertising to \_\_\_\_\_.

## E Your viewpoint

Work in groups and discuss these questions.

- 1 Do you think drinks like the "Hulk" are the best way to ensure a balanced, healthy diet? Why? Why not?
- 2 "A healthy body means a healthy mind." Do you agree?
- 3 In general, do you think that people in your country are healthier now than they were in the past? Why? Why not?

*In my opinion, drinking expensive "health" drinks is not necessarily the best way to stay healthy. I try to stay healthy by eating a varied diet of fresh, low-fat food such as ...*