

Food Challenge! – Glossary

accompaniment noun [countable]
something that you provide as a good addition, especially to a particular meal
Serve the sauce as an accompaniment to roast meat.

add verb
to put something with another thing or group of things
When the sauce is thick, add the cheese.

bean noun [countable]
a seed of various plants that is cooked and eaten. There are many different types of beans, for example kidney beans, soybeans, and green beans.

beet noun [countable/uncountable]
the round dark purple root of a vegetable that is cooked and eaten

boil verb
if a liquid boils, or if you boil it, it becomes so hot that there are bubbles in it and it starts to become a gas
When the water boils, add the rice.

broccoli noun [uncountable]
a vegetable consisting of green stems with many small green or purple buds on the ends, eaten cooked or raw

cabbage noun [countable/uncountable]
a hard round vegetable with green or purple leaves that can be eaten raw in salads or cooked

cod noun [uncountable]
a fish that lives in the North Atlantic Ocean, eaten as food

crack verb
to deliberately break something open in order to get what is inside
They used a hammer to crack open the coconuts.

grill noun [countable]
a flat frame of metal bars on which food can be placed and cooked over a fire

haddock noun [uncountable]
a type of large fish that lives in the North Atlantic

Ocean, eaten as food

herb noun [countable]
a plant used for adding flavor to food or as a medicine

illegal adjective
not allowed by the law
I was charged with illegal possession of firearms.

lamb noun [uncountable]
the meat from a young sheep

lemon grass noun [uncountable]
a plant similar to thick grass that is used in cooking to give a lemon flavor, especially in Southeast Asian meals

lime noun [countable/uncountable]
a fruit with a hard green skin and sour juice that grows on a lime tree

mango noun [countable/uncountable]
a soft sweet tropical fruit with a red or green skin that is yellow inside and has a large hard seed in the middle

mix verb
to combine two or more substances so that they become a single substance
Add the eggs and mix thoroughly.

mixture noun [countable/uncountable]
a substance such as food that is the result of mixing different things
Spoon the mixture into the cake pans.

mustard noun [uncountable]
a yellow substance with a hot taste made from the seeds of a plant. Mustard is eaten, especially with meat, in small amounts.

onion noun [countable]
a round vegetable with thin dry skin and many layers inside that tastes and smells very strong

pan noun [countable]
a round metal container used for cooking, with a handle and usually a lid

pineapple noun [countable/uncountable]
a large fruit that is yellow and juicy inside and has a thick yellow-brown skin with sharp points on it

pork noun [uncountable]
the meat from a pig

pour verb
to make a liquid or substance flow out of a container that you are holding
Pour the mixture into a dish and bake for 45 minutes.

raw adjective
raw food has not been cooked, or has not been thoroughly cooked

salmon noun [uncountable]
a silver fish with pink flesh that lives in the ocean but swims up rivers to produce its eggs, eaten as food
We had fresh salmon to start the meal.

sauce noun [countable/uncountable]
a liquid food that you put on other foods to give them a particular flavor
ice cream and chocolate sauce

sausage noun [countable/uncountable]
a food that consists of a tube of skin containing very small pieces of meat mixed with spices

soy sauce noun [uncountable]
a dark brown sauce made from soybeans

spicy adjective
spicy food has a strong hot flavor

sponge noun [countable]
a piece of a soft artificial or natural substance that is used for sucking up liquid, for cleaning things, or for washing yourself

stew noun [countable/uncountable]
a dish made by cooking vegetables, and usually meat or fish, slowly in liquid
ladling out the lamb stew

stir verb
to move food around in a dish or pan using a spoon or other object
Stir the sauce gently over a low heat.

stove noun [countable]

a machine or a piece of equipment that provides heat for cooking or heating a room

texture noun [countable/uncountable]
the way food feels when you are eating it
a cheese with a salty taste and a creamy texture

toast noun [uncountable]
bread that has been heated until its outside is brown and hard
a slice of toast

tuna noun [uncountable]
a large fish that lives in the Pacific and Atlantic Oceans, eaten as food

