

You're never too old – Glossary

achievement noun [countable]

a particular thing that you have achieved
a remarkable achievement

athletic adjective

physically strong, active, and good at sports

chain noun [countable/uncountable]

a series of metal rings connected to each other, used for fastening, pulling, or lifting things

championship noun [countable]

a competition to find the best player or team in a sport or game

coffin noun [countable]

a long box in which a dead person is buried

come verb [intransitive]

to be in a particular position in a series or list or at the end of a race

competitor noun [countable]

someone who takes part in a sports competition
Over 30,000 competitors will run in the New York marathon.

despair noun [uncountable]

the feeling that a situation is so bad that nothing you can do will change it

drown verb [intransitive]

to sink under water and die

epitaph noun [countable]

a short piece of writing that honors a dead person, especially one written on their grave

escapologist noun [countable]

someone who entertains audiences by escaping from ropes, chains, boxes, etc. This form of entertainment is called *escapology*.

eyesight noun [uncountable]

the ability to see
My eyesight is really bad.

flame noun [countable/uncountable]

the brightly burning gas that you see coming from a fire

in touch (with someone) phrase

to see, speak to, or write to someone

make up verb [transitive]

to invent an explanation for something, especially in order to avoid being punished or embarrassed
He made up some excuse about the dog eating his homework.

marathon noun [countable]

a race that is run over a distance of 42 kilometers or about 26 miles

mixture noun [singular]

a combination of two or more different things, people, qualities, etc.

nail noun [countable]

a thin pointed piece of metal that you use to attach one thing to another by hitting it with a hammer

perform verb [transitive]

to complete an action or activity, especially a complicated one

performance noun [countable]

the way a person or group of people performs a piece of music or other entertainment
She gave the greatest performance of her career.

pier noun [countable]

a structure built out from the land over water and used for getting on and off boats

ping pong noun [uncountable]

a game in which one or two players on either side of a table hit a small light ball with wooden paddles across a low net in the middle of the table (also called *table tennis*)

post verb [transitive]

to put information on the internet

set something on fire phrase

to make something start burning

take care of phrase

to treat something carefully so that it stays in good condition
All the neighbors take very good care of their yards.

talk show noun [countable]

a television or radio program in which the host talks to famous people in an informal way

triathlon noun [countable]

a type of race in which each person swims, rides a bicycle, and runs over very long distances

type verb [intransitive/transitive]

to write something using a keyboard

yard noun [countable]

an area around a house that is used for sitting, playing, and growing plants in

