

Phobias – Glossary

albeit conjunction

FORMAL used for introducing a comment that slightly changes or reduces the effect of what you said before it

The United States finally agreed, albeit unwillingly, to support the UN action.

ancestor noun [countable]

someone who is related to you who lived a long time ago (*ancestral* = adjective)

Her ancestors came to America with the Pilgrims.

arise verb [intransitive]

if a particular situation or problem arises, it begins to exist or to develop

Problems arose over plans to build a new supermarket here.

confined adjective

a confined space is so small that you cannot move around in it easily

disrupt verb [transitive]

to interrupt something and prevent it from continuing by creating a problem

Protesters tried to disrupt the meeting.

drown verb [intransitive]

to sink under water and die

He fell overboard and nearly drowned.

evolutionary adjective

connected with the scientific theory of evolution

inherited adjective

an inherited disease or quality is one that is passed on through the genes

inherited characteristics such as blood group

intense adjective

very great or extreme

The pain was intense.

in theory phrase

used for saying that something is believed to be true, although it may not be true

In theory, anything could happen.

irrational adjective

done or happening without clear or sensible reasons

lethal adjective

very dangerous and able to kill you

lethal doses of radiation

obscure adjective

not known about, or not well known

Details of this period of Shakespeare's life remain obscure.

originate verb [intransitive]

to begin to exist or appear for the first time

Many herbs originate from the Mediterranean.

palm noun [countable]

the inside part of your hand, between your fingers and your wrist

She sat waiting, resting her chin in the palm of her hand.

purpose noun [countable]

the aim that someone wants to achieve, or that something is intended to achieve

Another meeting would serve absolutely no purpose.

range verb [intransitive]

to include a variety of things

products ranging from televisions to computer software

survey noun [countable]

a set of questions that you ask a large number of people or organizations

This survey shows the percentage of single-parent households in each area.

therapist noun [countable]

someone whose job is to help people with physical, mental, or emotional problems, using a particular type of therapy

A therapist can encourage patients to express their anxieties.

traumatic adjective

a traumatic experience or event makes you feel very upset, afraid, or shocked

The death of my father was extremely traumatic for me.