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My life

Teacher's notes

Summary

This DVD programme can be used as support to materials in Units 5 and 6 of the Student's Book. It follows the daily routine of John Williams.

Language focus

Grammar: time, present simple.

Vocabulary: daily routine, verb phrases with *get, go, have*.

- 5 Watch the programme from the beginning again until the end with the sound on. Ask students to underline the correct answers.

a) 6.00 b) 6.05 (the kitchen clock says 6.05)
c) 7.00 d) 8.30 e) 5.00 f) 6.00

Procedure

Before you watch

- 1 Students put the pictures in the right order for them. NB there may be one box that students don't need to number – either 'go to work' or 'go to college'. Students write down five other things that they do every day.

Students' own answers.

- 2 Students write down the times they do the activities in Exercise 1 and then tell their partner.

Students' own answers.

- 3 Working in the same pairs, ask students to complete the table. Elicit feedback as a class and see if there are any differing opinions.

While you watch

- 4 Ask the students to read the list of items and colours before watching the programme. Watch the programme with the sound down until you see John having breakfast with Sarah. Pause the DVD. Ask students to match the objects with the colours.

a) 6 b) 5 c) 4 d) 2 e) 1 f) 3

After you watch

- 6 Students read the information and write true (T) or false (F).

a) T b) F c) F d) T e) F f) F
g) T h) T

- 7 Ask students if they think John is healthy with a show of hands.

- 8 Students add three more healthy and three more unhealthy things to the table in Exercise 3. Put the students in groups to compare their answers. Students discuss how many healthy and unhealthy things they do.

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My life

DVD script (04:03)

(J = John; S = Sarah)

- J: My name's John Williams. I'm 32 years old.
I live with my wife, Sarah, here in our house
in Manchester. I get up at six o'clock. Sarah
doesn't get up.
I give the cats breakfast. Then I go running.
I like running. I don't smoke!
Tea?
- S: Mm. Yes, please.
Thanks.
- J: Sarah gets up at seven o'clock and we have
breakfast.
We have cereal and a cup of tea.
I get to work at half past eight. I work for a
BMW dealer. I'm a salesman. I really like my
job. I sell new and used cars. I work with Andy.
Andy is a very good salesman. I sell one or two
cars a week. I leave work at five o'clock and
then I go home.
I cook dinner. We don't eat meat, but we eat fish.
Sarah finishes work at six. She's a doctor.
- S: Hi!
- J: Hi! Good day?
- S: OK, thanks.
- S: 40, 15. Game!
- J: On Saturdays we play tennis. Sarah likes tennis.